

# SPRINGFIELD COLLABORATIVE

*A fun outdoor program designed to improve health, social and physical outcomes*



## REGISTRATION IS OPEN!

### MARTIAL ARTS

Saturdays, June 17 — August 26\*

Ages: 5 - ADULTS

Empowering beginners with the most efficient self-defense system, Krav Maga (combination of aikido, judo, karate, etc.)

Required to start: 4 registrants

Suggested donation: \$80 for season

A: 7:45AM; Y5-10: 8:45AM; Y10-18: 9:45AM

### TENNIS

Saturdays, June 17 — August 26\*

Ages: 5 - 18

Three age divisions. Starts at 7:45AM

Using the latest USTA techniques, players will learn to love the game of tennis through drills and games while making new friends.

Required to start: 4 registrants

Suggested donation: \$80 for season.

### TAI CHI

Sundays, 3:30PM-4:30PM, Eight (8) sessions, TBA.

Ages: 18 - ADULTS

Youth under 18 must be accompanied by an adult.

Based on a set of 108 moves, you will improve your Physical and mental well-being, breathe easier and sleep better! Required to start: 6 registrants Suggested donation: \$10 for season

### JELLYBEANS

**Learn & Play Group for 3 Year Olds**

Saturdays, 9AM – 11AM, June 17 – Aug. 26\*

A well supported fun exploratory group designed to develop basic skills for school & life readiness. Make new friends. Play games, sports, arts & crafts, etc. Required to start: 12 registrants Suggested donation: \$80 for season

### VOLLEYBALL/ARCHERY

Saturdays, 7:45AM, June 17 — August 26\*

Ages: 12 – 18

Learn the fundamentals of each sport while developing new skills and abilities.

Required to start: 16 registrants

Suggested donation: \$80 for season

### SHINING STARS

**Introductory sport rotation for 4's**

Saturdays, 7:45AM, 6-8 Sessions, June 17th

Introduction to up to four different sports – baseball, basketball, soccer, tennis. Clinic & Play.

Required to start: 60-80 registrants

Suggested donation: \$80 for season

### MUSIC INSTRUCTION

Saturdays, 9AM – 11AM, June 17 – Aug. 26\*

Group Vocal -or- Beginner Flute

Suggested donation: \$80 for season

\*\*\*EARN Community Service Credit Hours & CPR Training by VOLUNTEERING...Adults & Students NEEDED!\*\*\*

**FOR MORE INFORMATION, CALL 516.986.7723**  
**EMAIL [brookfieldcivicasninc@gmail.com](mailto:brookfieldcivicasninc@gmail.com)**

